

## Prohibited Herbs List for The Middle Kingdom Arts and Sciences Faire Judging Criteria

The following herbs are either **prohibited** or **restricted** for use in the Middle Kingdom Arts and Sciences Faire. If an herb is prohibited, it may **not** be used in any beverage, foodstuff or herbal entry. **Use of the prohibited herbs will automatically disqualify an entry.** If an herb appears on the restricted list, it must be used with caution and its presence must be noted prominently in the documentation or the entry will be disqualified. This is not an exhaustive list of herbs that could potentially cause difficulties, so all herbs must be specifically listed in the documentation by their botanical names.

### Prohibited Herbs - Do Not Use.

Aconitum napellus (Monkshood)  
Aethusa cynapium (Dog Poison)  
Anagallis arvensis (Red Pimpernel)  
Apocynum androsaemifolium (Dogbane)  
Arisaema triphyllum (Jack-In-The-Pulpit)  
Artemisia absinthium (Wormwood)  
Atropa belladonna (Belladonna)  
Bryonia alba (White Bryony)  
Bryonia dioica (Red Bryony)  
Cannabis sativa (Marijuana)  
Caulophyllum thalictroides (Blue Cohosh)  
Chelidonium majus (Celandine)  
Chenopodium ambrosioides var. Anthelminticum  
(Wormseed)  
Cinchona spp. (Jesuits' Bark)  
Claviceps purpurea (Ergot)  
Conium maculatum (Poison Hemlock)  
Convallaria majalis (Lily Of The Valley)  
Corydalis cava (Corydalis)  
Cyclamen europaeum (Cyclamen)  
Cytisus scoparius (Scotch Broom)  
Daphne mezereum (Mezereum)  
Datura stramonium (Jimson Weed)  
Digitalis purpurea (Foxglove)  
Dryopteris filixmas (Male Fern)  
Gelsemium sempervirens (Yellow Jessamine)  
Helleborus foetidus (Stinking Hellebore)  
Helleborus niger (Hellebore)  
Helleborus viridis (Green Hellebore)  
Hyoscyamus niger (Henbane)  
Linaria vulgaris (Yellow Toadflax)  
Lobelia inflata (Lobelia)  
Mandragora officinarum (European Mandrake)  
Mercurialis perennis (Dog's Mercury)  
Paeonia officinalis (Peony)  
Podophyllum peltatum (American Mandrake)  
Phoradendron flavescens (Mistletoe)  
Phytolacca americana (Pokeweed)  
Sanguinaria canadensis (Bloodroot)  
Solanum dulcamara (Bittersweet Nightshade)  
Solanum nigrum (Deadly Nightshade)  
Spigelia marilandica (Pinkroot)  
Taxus baccata (Yew)  
Thuja occidentalis (Arborvitae)  
Urtica dioica (Stinging Nettle)  
Veronicastrum virginicum (Black Root)  
Veratrum viride (American Hellebore)

### Restricted Herbs - Use With Caution.

Arctostaphylos uva-ursi (Bearberry)  
Buxus sempervirens (Boxwood)  
Cimicifuga racemosa (Black Cohosh)  
Euonymus atropurpureus (Wahoo)  
Galega officinalis (Goat's Rue)  
Hedeoma pulegioides (American Pennyroyal)  
Heracleum lanatum (Masterwort)  
Ilex aquifolium (English Holly)  
Ilex opaca (White Holly)  
Ilex vomitoria (Emetic Holly)  
Ledum palustre (Marsh Tea)  
Leonurus cardiaca (Motherwort)  
Lycopodium clavatum (Club Moss)  
Melilotus officinalis (Yellow Sweet Clover)  
Mentha pulgium (European Pennyroyal)  
Oxalis acetosella (Wood Sorrel)  
Rhamnus frangula (Buckthorn)  
Ricinus communis (Castor Bean)  
Ruta graveolens (Rue)  
Sambucus canadensis (American Elder)  
Sambucus racemosa (Red Elder)  
Sisymbrium alliaria (Hedge Garlic)  
Vaccinium Myrtillus (Bilberry)