

SPEARPOINT – June 2009

Baronial blathering!

missive from the Baron and Baroness

The drums of war can be heard on the horizon. By now you should have registered for war and first weekend is only a month away. We look forward to seeing everyone there, taking part in all that there is to do (shopping, fighting, taking classes etc). We do ask that you try to make time in your busy schedule to volunteer an hour or two. There are lots of opportunities, check at volunteer point to find one that fits you. You can work a security shift, at troll, as a waterbearer, guard midrealm royal, attend to the Royals, help run mobility carts, and so much more. Here are a few more suggestions and some times and dates to remember.

Opening Ceremonies – Please come and represent the Barony in it's strength and diversity at opening ceremonies, bring your Canton Banner too.

Populace shoot Archery War Point - You don't have to be a crack shot to make a difference to the midrealm numbers, you just have to turn up and score a single point. The Baroness has the Marche loaner bow (right handed) and her own bow (left handed) as well as two dozen arrows that will be available to those wishing to shoot the war point (or just practice).

Baronial Court and Allies dinner – Because of early departures and a busy Thursday schedule, court will again be held on Wednesday the 5th of August at Lost Keys encampment, E18, from 6.30pm – 8pm (so you can still shop midnight madness). There will be food and libations provided. Please feel free to bring something to share but don't feel obliged. Extra chairs would probably be handy unless you like sitting on the grass :-). We'll hand out awards as everyone is eating. Allies are strongly encouraged to attend.

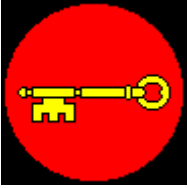
Midrealm Court – Thursday of War Week in the Barn. Come see your freinds be recognized.

Known World Party – Following court in the Midrealm Royal encampment. Food and drink, featuring a soda bar sponsored by the Baron and Baroness with sodas brewed by Lady Vashty bat Abraham. Come on in and meet the rest of the known world.

This is the June, 2009, issue of the Spearpoint, a publication of the Barony of Red Spears of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Spearpoint is available from Louise Smithson (helewyse@yahoo.com) and the Baronial website

(<http://www.midrealm.org/redspears>). It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2005 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

Front page artwork taken from a scroll provided by Dáire (Dara) of the Three Moons



From the Seneschal

Greetings fair gentles of Red Spears. I trust this finds all of you healthy and preparing for WAR. Pennsic is just a little more than a month away, and now is the time to start setting things aside for Pennsic. This is a plan that has worked for many, and eliminates the last minute hassle of getting every thing found and ready in a day or two, Make a checklist and use it as you prepare for Pennsic. That part of your plan stops you from leaving something important behind. Make sure the first night your there, you check out all the wonderful classes that are given at Pennsic. Plan out your days to include fighting if applicable, classes, volunteering and any other commitments you may have in camp or out. If it's your first Pennsic make time to walk around and see all the different camps etc. The idea is to help win the War, and have as much fun as you can at whatever it is YOU want to do. So, see you at Pennsic.

THL Aiden Alpin of Dunkeld, Seneschal, Barony of Red Spears



Image from a scroll by Helewyse



Chatelaines Report

Hello everyone!!

I want to thank everyone who was able to attend the Wayne Library Demo on June 8th. It was such a success!!! For those of you who were unable to attend, we shared heavy weapons, rapier, hounds and many areas of the arts and sciences with somewhere around 100 children and parents. AND NO RAIN!!!!

As always, if you have a skill that you would like to be listed on the Expert listing, please let me know. I hope everyone has a great summer event season!

Yours in Service,
Iosobail



Arts and Sciences

Greetings from your friendly neighborhood Red Spears MoAS! Please allow me to introduce myself. I am Lady Juliana Spencer. I have been involved with the SCA for

approximately four years. I have been your Baronial MoAS for about two and a half years. My first big SCA pursuit after attending Pennsic 34 was heavy weapons fighting. Due to a back injury, I switched from fighting to the Arts & Sciences. I have since produced many scrolls for the Middle Kingdom (both current and backlog), taught calligraphy classes at Pennsic, Baron Wars, and Pounce, as well as in Aethlemerarc for their scribes. I have absolutely fallen in love with calligraphy, and ink and pigment creation. I also dabble in vellum making, scribal tool construction, book making, sewing, paternosters, hairstyles of the 14th century, history and research to name a few other SCA interests. I really enjoy learning new things and watching people who are passionate about what they're doing.

Unfortunately, each winter I find myself in an "SCA slump". The cold temperatures and early darkness make it hard to find the energy to work on projects. I have found four personal ways through this problem. My first route to "A&S recovery" is surrounding myself with people who are interested in the same things I am. I am on lots of scribal email lists. This has given me the opportunity to meet people, professors, curators and colleagues from all over the world who are interested in calligraphy and illumination. Amazingly enough, not all of them are involved with the SCA. I also attend scribal guild meetings when I can. Third, I read and re-read as many books by distinguished and trustworthy authors and publishers as possible. Finally, I talk with as many friends as I can about projects I'm interested in doing. Spring brings us a much needed feeling of renewal. I encourage you to discover or refresh not only the arts, but the sciences in yourself and fellow SCA gentles. Have fun, challenge your self education, compel growth in yourself and your local group. Get out and meet people you've never talked with before. Don't be afraid to stretch your personal boundaries. You never know who may play an important part in your SCA experience. I have met some of the most astonishing and talented people by not allowing myself to slip into my natural "shy around new people mode". We're all here for the same reason. If we're not enjoying this hobby, why are we here?

Have fun & learn new things!
Juliana



Out Loud! – Herald

“Wow- “Magrat”. That is, like, the best name ever!” I know, right? ‘cause it’s MINE! However, not everyone is lucky enough to have such wonderful names thrust upon them when they don’t have their own SCA name – right, Sherbet?

There are many sources on the internet to find names – please do NOT use baby name books! The most important thing you want to do is decide upon your time period and place. Once you’ve got that it’s not hard to type in a few keywords into search engines and viola! NAMES! If you have doubts if something works or doesn’t ask a herald... that’s what we are here for! (Konrad Mailander is the best person I know to discuss names and devices but I’m here, Robert FitzRobert, Kieran, Douglas MacFarlane lots of fine people.) Once you have decided on a name you can get a handy-dandy name submission form and send it in to the College of Heralds with a \$7 check. Don’t forget to let your local herald know that you have submitted a form so we can try and keep track of these submissions. I included three links from the Midrealm website that can also help get you started.

www.midrealm.org/heraldry/education/name.htm

www.s-gabriel.org/names/

www.panix.com/~mittle/names/

Also remember this: once you select a name it is NOT written in stone. Three years down the line you discover you really don’t LIKE being called Lady Floopybottom or Lord Stuffybritches you CAN change it.

Have fun finding an alternate you!

Magrat



Image from a scroll by Helewyse



Signet

Salutations to the populace of Red Spears from Decima

Since our last Spearpoint, we have had both Baron Wars and North Oaken War Maneuvers - two

events that our Baronial members have traditionally attended in force. To all those who have been acknowledged and received awards for their service, many congratulations. It is especially gratifying to see the young (i.e. Lady Anna's granddaughter/Herr Konrad's niece) so honored. Most of us have watched her from the time she was a little tot doing things wherever she could. She and others like her are our future and have made a wonderful start. Hoobah to all.

In line with this, it will soon be officially summer and already I can smell the citronella tiki torch fuel of Pennsic campfires. A Kingdom Court is one of the most impressive times for someone to be honored. We have all watched our fellow Scadians and thought to ourselves, wow...look at all so and so does and what fabulous stuff they make and how wonderfully they teach classes, etc. While Pennsic is about a month away, this is the perfect time to submit award recommendations (the Kingdom Signet really appreciates enough notice to be able to assign her court list to appropriate scribes). It is a very easy process over the internet -- user friendly even for the electronically challenged. And, should a previous user forget their password, they will very timely email it to you. I have always felt that one cannot grumble about someone not receiving an award if their friends and peers are not willing to make an effort on their behalf. So, submit, submit, submit!

On another note, it is waaaaaay past time for a new Baronial Signet. I actually did try to pass the torch over a year ago, but the notice was never posted. So, once again, the position is officially open and I would ask that those interested please submit an application and state why you want the position and your qualifications. It can be a very interesting and enjoyable job so....think about it and....submit, submit, submit! Hope to see many of you at Pennsic and for those not going, hope to take many classes and bring knowledge home to share. Yours in service to the Dream and the Barony, "Ma"



In the past – Historian

As the new Baronial Historian for the Barony of Red Spears I would greatly appreciate all of you to share your experiences and hobbies.

I will capture this interview on camera and transfer it to DVD so

that future generations will know about you, and your involvement with your canton, the barony, and the Middle Kingdom. I would also like to have a scrap book party so that your favorite pictures, stories and more will be captured for posterity.

So start thinking about what you would like to say in your interview and what you would like to share. I have a brief interview outline of questions to ask and if you would like to add something that you feel is important don't hesitate to mention it to me please! Think about your hobbies, your funniest stories (you might want to think about what is best to remember and what is best to forget!) and your favorite event, and feast! Let us face it there are some events and feasts that stand out more than others! I remember one feast where the chicken was a LITTLE undercooked! So far my most favorite event has been and will be Baron Wars! As far as the best feast, that would be difficult as they have all been excellent, minus the undercooked chicken one!

Look through your favorite pictures and think about the past! I would also like to add that Lady Elizabeth-Eve and I attended the "Elizabethan Faire" hosted by the Marche of Tirnewydd in Columbus was absolutely wonderful! Great food, entertainment, and a great amount of people dressed in excellent Elizabethan costumes!

To the Dream and to what it all means to all of us!
Lord Douglas MacFarlane



On the Web: webminister

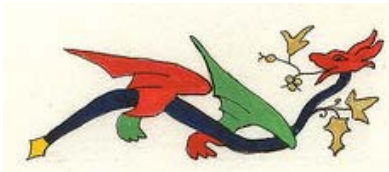
Not too much to report. I am still working on a "New to Red Spears" page and a general sprucing up of the website.

On the "Images" page, there are now versions of the Red Spears arms without the laurel.

Also, if the local webministers need help, please feel free to ask.

We got stuff! – Baronial stores are safe and dry,

though a few pallets of mundane goods have been stacked around them. So if you need something stored, or need to borrow something from the stores, please give me a little extra heads up so I can get stuff moved.



Shoot at will

Shoot well and shoot often at Pennsic and at events leading up to Pennsic.

If you are interested in making your own mongolian horse bow you may want to check out the following links:

- 1) <http://www.youtube.com/watch?v=UgEp4ZAPbs0>
- 2) <http://www.coldsiberia.org/monbow.htm>

Lady Elizabeth Eve MacFarlane – archery marshal

Local Groups

Hrodgeirsfjodr

Seneshal: Lord Godfrey Thacker of Northumberland (Robert Wenzlaff), rwenzlaff@soylent-green.com, 419-309-0271

Fjodr meetings are still held every Tuesday at St. Mark's Church, 2272 Collingwood Ave. in Toledo. Doors open about 7 PM. There has been a slight schedule re-arrangement, though. The A&S classes that were held on the 3rd week of the month, are now held on the 4th week of the month, concurrent with our dessert revel night. Next class is goldleafing on June 23rd there will be no class in July. I'd like to thank Yoseph and a few of the rapier fighters who are attempting to get an additional light combat practice going at our meetings.

Marche of the Marshes

Seneshal: Gaivs Albivs Lvpos, called "The Mad", Firemech_180th@hotmail.com

Meeting time/place: Our group meets every Thursday at 7pm in BG City Park, on Conneaut Street. Visit www.marcheofthemarshes.org for site directions. Here is our monthly schedule!: 1st Thur-Fighting and General Discussion : 2nd Thur –A&S (and Fighting), 3rd Thur-Dance, 4th Thur Business Meeting (and Fighting), 5th Thur - Dessert Revel (Fighting!!!), ~did I mention that we like to fight?

Please stop by and pay us a visit! We gladly welcome any and all who would seek to join us for fun and revelry.

Catteden

Seneshal: Madhbh the Bellows O'Driscoll, s.m.bell@hotmail.com, 567-220-9195

Meeting time/place: We meet every other Sunday Night from 6:30pm to 8:30 at the First Lutheran Church, 09 E Lincoln St Findlay, OH 45840

At the Canton of Catteden we love to learn. We try and schedule classes with experienced teachers that can help us to expand our knowledge of medieval arts and sciences. Come join us and learn new and interesting things, you won't regret the stop in!

Image taken from a scroll by Jarnhaus

In the Kitchen: with Godfrey

Leche Frys Un-lentouned.

It is not uncommon for there to be multiple forms of a recipe in medieval texts that indicate how to prepare a dish for "Flesche Days", "Fische Days", or for "Lentoun". The specific restrictions for each of these varied somewhat by time and place, but in general, Fish days forbid meat and poultry, while Lent forbade flesh of any kind, eggs, cow's milk, and sometimes butter. In this article, I'm looking at two such versions. The first is from *Two Fifteenth-Century Cookery-Books* [1]

Leche Frys

Take Wyne & Fre[e]ssche brothe, Clowes, Maces, & Marow, & pouder of Gyngere, & Safroun, & let al boyle togederys, & put ther-to creme, (& yif it be clowtys, draw it thorwe a straynoure,) & yolkys of Eyroun, & melle hem to-gederys, & pore the licoure that the Marow was sothyn yn ther-to; than make fayre cofyns of fayre past, & put the Marow ther-yn, & mynce datys, & strawberys in tyme of yere, & put the cofyns in the ovyn, & late hem harde a lytel; than take hem owt, & put the licoure ther-to, & late hem bake, & serue f[orth]. [1]

This is certainly not a Lent recipe since broth, marow (meat), cream, and eggs (Eyroun in middle english). From the ingredients this seems akin to a modern mincemeat pie.

(Note; this original text is mislabeled "Leche Frys in Lentoun" in [1] and shown with a redaction of the actual Lenten recipe. The keeper of the site, James L. Matterer, usually does a good job, but like many compilation sites, he's at the whim of the submissions he receives.)

Leche Frys in Lentoun

166. Leche frys in lentoun. Drawe a thik almaunde mylke wip water. Take dates and pyke hem clene with apples and peeres, & mynce hem with prunes damysyns; take out þe stonys out of þe prunes, & kerue the prunes a two. Do þerto raisouns, coraunce, sugur, flour of canel, hoole macys and clowes, gode powdours & salt; colour hem vp with saundres. Meng þise with oile. Make a coffyn as þou didest bifore & do þis fars þerin, & bake it wel, and serue it forth. [2]

This version, while it shares a partial name with the above, is quite different. Almond Milk is substituted for the eggs and cream (a common substitution in Lenten dishes) and apples and pears substituted for the marrow. The dried fruits used are different, but is present in both.

Upon reading these two recipes, and the two different redactions offered, I had the idea to make the fruit based pie as a dessert, but without the substitutions for Lent. From that, I developed the following recipe:

Leche Frys Un-Lentouned

1 Med. pear, firm, peeled, cored, and cut into bite-sized wedges	1/4 Cup Sugar
2 Med. Apples, peeled, cored, and cut into bite-sized wedges	1/4 Cup of Zante Currents (actually a type of raisin)
1/2 Cup red wine,	1/4 Cup pitted prunes
1 Cup of heavy cream	1/4 Cup chopped dates
6 Egg Yolks	1/4 tsp. each Cinnamon, Mace, Nutmeg (or to taste)
	1/8 tsp ground cloves
	1 9" single pie crust.

Place dried fruit, spices, and wine in sauce pan and simmer for 10-15 minutes.

Line a pie pan with the crust dough, and place the apple and pear wedges in it. Bake at 350 for 8-10 minutes, remove just as the edges of the crust barely begin to brown.

Remove pie from oven and set aside.

Strain fruit from pan with a slotted spoon. Reserve the liquid. Mix in with the apples and pears in the pie shell. To the liquid, add the cream and then beat in the egg yolks.

Pour this liquid over the fruit mix in the pie shell. Bake at 350 for 45 minutes or until a skewer comes out of the center clean.

This dish was well received at the Catteden Picnic/Demo.

[1] Austin, Thomas. *Two Fifteenth-Century Cookery-Books*. Harleian MS. 279 & Harl. MS. 4016, with extracts from Ashmole MS. 1429, Laud MS. 553, & Douce MS 55. London: for The Early English Text Society by N. Trübner & Co., 1888. As shown at <http://www.godecookery.com/nboke/nboke39.htm>.

[2] Hieatt, Constance B. and Sharon Butler. *Curye on Inglis: English Culinary Manuscripts of the Fourteenth-Century (Including the Forme of Cury)*. London: For the Early English Text Society by the Oxford University Press, 1985. as shown at <http://www.godecookery.com/goderec/grec60.htm>.



Counting Coins

Since the Canton of Catteden went full status and handle the finances for Pounce from their own account there has been little to report other than, "We earned interest," By that mark this quarter has been very active. The Barony has purchased more Rapier equipment and storage tubs, for the Baronial Quartermaster to store Baronial property, for a total of a little under \$300. The Marche of the Marshes gave the Barony \$100 in "taxes" after Baron Wars. As it is the duty of treasurers and exchequers everywhere to bemoan any outlay of funds, I will point out that so far this quarter the Barony is down about 10% on their total funds and if not for the Marshes it would be closer to 15%. We need to consider how we are going to replace these funds. The traditional way we have increased funds is to hold events. The Barony itself has not hosted an event for several years. Remember if you are interested in submitting a bid for the Barony to host an event you should start at least 6 months before the proposed event is to be held.

Yours in Service, Konrad



Write it up

I'm sure that you have all noticed by now how much brighter this months newsletter looks, and how there is actually interesting content. This is not my doing it is yours! Thanks to all the people who gave me scans, scrolls and permissions to post articles and artwork in this issue of the Spearpoint. Your submissions and interest in the newsletter lead to a better newsletter for all of us. Remember I am always after submissions, they can be a short (or long) research article, images of things you have done, scans or pictures of scrolls, a report from a cool event. Submit anything or everything; with the exception of those things prohibited by the copyright rules the newsletter runs by. The next issue of the Spearpoint will be published for the Baronial meeting in September 2009, giving you plenty of time to work up an article.

Minutes of the April 19th Baronial Meeting

In attendance: Aiden Alpen of Dunkeld, Helewyse de Birkestad, Thorkell inn vikverski Maks Son, Jarnhaus Vikingr inn harlangi, Godfrey Thacker of Northumberland, Vashty bat Abraham, Pa'druig Kinnis MacGhriogair, Tim Bushong, Decima de Seta, Douglas MacFarlane, Elizabeth Eve MacFarlane, Madhbh the ellows O'Driscoll, Artemesia Voltera, Ae'demmair, Magrat, Gwenllian Verch Inek, Margaret Chrysler, Dáire of the Three Moons, Konrad Mailander.

Officers reports:

Baron & Baroness: congratulated all who entered regional A&S and qualified for Kingdom (Godfrey, Dáire, Cerridwen of Crowford, Cerridwen verch Ioreword). The Baron encouraged all fighters to practice breaking shield walls as requested by the command staff for Pennsic War.

Catteden: announced change of site for Pounce. Have lots of A&S classes on the schedule and are adding more.

Hrodgeirsfjordr: Meeting on Tuesdays, informal business meeting most weeks followed by A&S or fighting, class nights 3rd Tuesday (now changed).

Marche of the Marshes: doing fine, teaching tablet weaving next week, Iron Lance is visiting for fight practice.

Exchequer: Barony has \$2561.26 in the bank

Herald: Put in award recommendations and submit names and devices.

Chatelaine: Demo at Wayne Co. Library June 9th. Also looking into demos at University of Findlay and Owens.

Chronicler: Submit for the newsletter and sign consent forms.

Archery: Spring showers messing with practice, new house has plenty of space for practice please contact.

Signet: make award recommendations.

Historian: trying to keep track of history, wishes to contact old members, is considering organizing a scrap book party.

Quartermaster: if you hold Baronial property let him know. If you need Baronial property stored also talk to him.

Old Business:

Demos: Marche successfully completed demo with park district which raised over \$2000 for the parks.

Baronial open positions: Chiurgeon

Announcements:

Combat archers with sponsorship from a member of the chivalry you can authorize without heavy combat authorization. SCA minimum armor is required, CA will fight under the queens banner at Pennsic.

New Business:

Upcoming demos: June 9th at Wayne County Library

Upcoming Events: Baron ways, official route in will be off Route 6 to avoid graduation traffic

Other new business: Next months non-business meeting will be a local group event. Catteden will host.

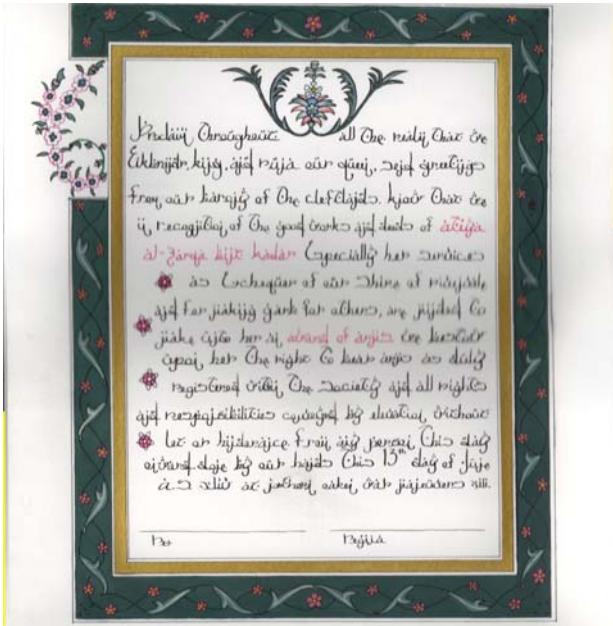
Image from a scroll by Cerridwen verch Ioreword



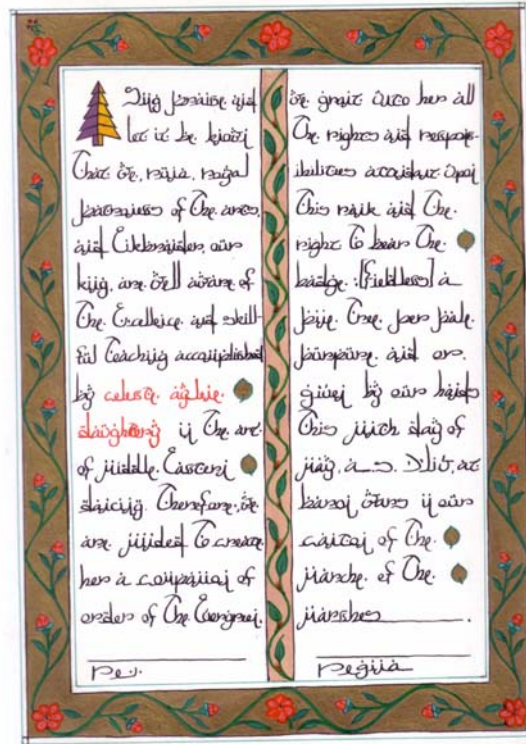
Artisan Showcase

Who: Lady Isobail inghean Uilliam mhic Leoid.

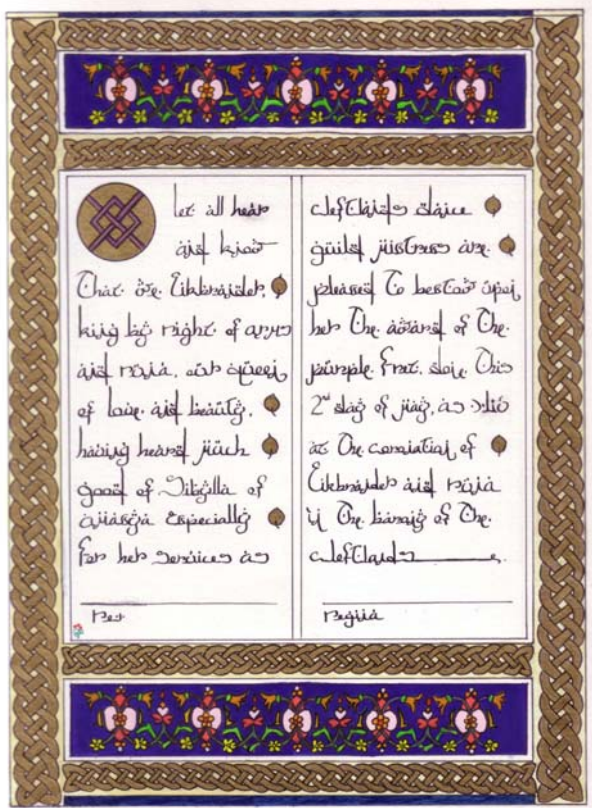
What: Persian and Arabic inspired scrolls complete with faux Arabic calligraphy.



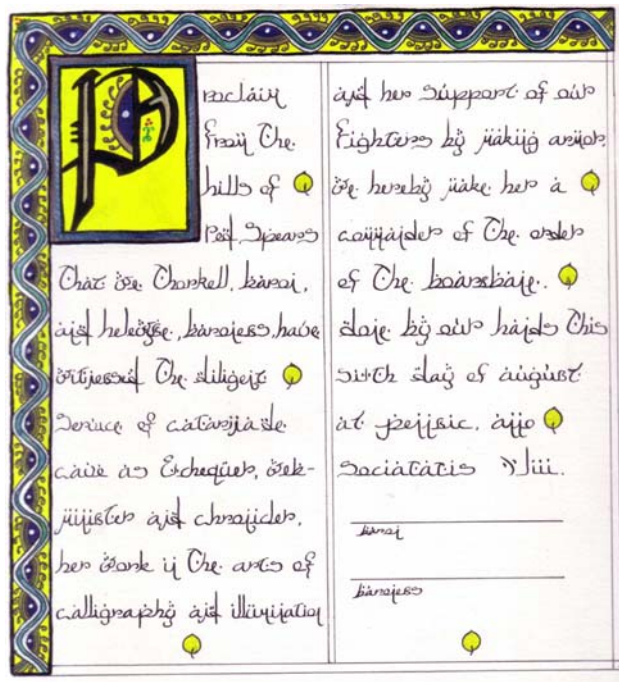
Award of Arms scroll



Evergreen Scroll



Purple Fret



Boarsbane

Officer Contact Information

Baron & Baroness – Porkell & Helewyse
(419) 380 9875, toledothumper@yahoo.com,
helewyse@yahoo.com

Seneschal – THL Aiden Alpen of Dunkheld
aidenalpin@sbcglobal.net

Exchequer - Hauptmann Konrad Mailander
konrad@redspears.org

Herald – Lady Magrat
martha.schultes@gmail.com

A&S minister – Lady Juliana Spencer
Jbates1990@aol.com

Chatelaine - Lady Iosobail inghean Uilliam mhic
Leoid
prfrglvr@aol.com, (419) 387-7372

Webminister & Baronial Quartermaster
Lord Godfrey Thacker of Northumberland
rwenzlaff@soylent-green.com, (419) 309 0271

Chronicler - Mistress Helewyse de Birkestad
helewyse@yahoo.com, (419) 380 9875.

Knights Marshal - Captain Sivrid Brumbach
capt.sivrid@sbcglobal.net

Rapier Marshal - Warder Lleng Craidd
apowers@wcnnet.org

Archery Marshal - Lady Elizabeth-Eve MacFarlane
archerygirl63@yahoo.com

Historian – Lord Douglas MacFarlane
cattherald@yahoo.com

Signet – Lady Decima De Seta
decima_deseta@yahoo.com



Illumination by Gwenllian verch Inek

Inside this Issue

Baronial Blathering	1
SCA Disclaimer	1
Seneschal Report	2
MOAS Report	2
Chatelaine Report	2
Out Loud	3
Signet	3
In the past	4
Shoot at will	4
Local Groups	4
On the web	4
We got stuff	4
In the kitchen with Godfrey	5
Counting coins	6
Write it up	6
April meeting minutes	6
Artisan spotlight	7
Officer contact information	8
Index	8

Illuminations kindly provided by:

Dáire of the Threee Moons	1
Mistress Helewyse de Birkestad	2 & 3
Vikingr Jarnhaus inn Harlangi	4
Lady Cerridwen verch Ioreword	6, 8
Lady Iosobail inghean Uilliam mhic Leoid	7
Gwenllian verch Inek	8

Upcoming Events with significant Baronial Attendance

July 3-5th – Seige of Talonvale, Howell, MI
July 17-19th – Simple Day, Indianapolis, IN
July 24th- Aug 9th – Pennsic War, Slippery Rock, PA
Sept 4-6th – Harvest Day, Pleasant Hill, OH
Sept 18-20th – Pounce, Findlay, OH



Illumination by Cerridwen verch Ioreword.